



Aneka Richards

Angels at Heart In-Home Care



I am compassionate, patient, and caring by nature, and I genuinely love to serve and provide help in my community. Supporting others is not just something I do – it is who I am. I actively participate in community initiatives, including feeding the homeless through various local organizations, because I believe strong communities are built when we show up for one another with empathy and action.

My passion for caregiving is deeply personal. I witnessed firsthand the overwhelm my mother experienced while caring for my grandmother as her health declined and she eventually became completely bedbound. What began as small acts of assistance gradually became full-time care – managing hygiene, mobility, meals, safety, and the emotional strain that comes with watching someone you love lose independence. I saw the exhaustion, the sacrifice, and the deep love required to care for a family member at home. That experience shaped my heart and my purpose.

It led me to establish Angels at Heart In-Home Care, where I now support seniors and disabled or dependent adults, as well as the family caregivers who love them. Our mission is to provide dependable, compassionate home care support that promotes dignity, safety, and independence. We aim to give families peace of mind and the reassurance that they are not alone in their caregiving journey.

For me, home care is more than business – it is a calling to serve families with compassion, integrity, and excellence while strengthening the support system for older and vulnerable adults in our community.