

Assistance Where It's Needed Most

Personal Care

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| <input type="checkbox"/> Bathing | <input type="checkbox"/> Assist with urinal |
| <input type="checkbox"/> Bed bath | <input type="checkbox"/> Assist with commode |
| <input type="checkbox"/> Tub bath | <input type="checkbox"/> Reposition bed-bound clients |
| <input type="checkbox"/> Shower | <input type="checkbox"/> Assist with range-of-motion activities |
| <input type="checkbox"/> Sponge bath | <input type="checkbox"/> Transfers |
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Ambulation |
| <input type="checkbox"/> Oral/mouth care | <input type="checkbox"/> Feeding |
| <input type="checkbox"/> Brush teeth | <input type="checkbox"/> Assist to bathroom |
| <input type="checkbox"/> Denture care | <input type="checkbox"/> Assist with self-administered medication |
| <input type="checkbox"/> Dressing | <input type="checkbox"/> Limit or encourage fluids |
| <input type="checkbox"/> Grooming | <input type="checkbox"/> Record food intake |
| <input type="checkbox"/> Comb or brush hair | <input type="checkbox"/> Record urinary output |
| <input type="checkbox"/> Skin care | <input type="checkbox"/> Record bowel function |
| <input type="checkbox"/> Perineal care | |
| <input type="checkbox"/> Change adult briefs | |
| <input type="checkbox"/> Assist with bedpan | |

Homemaking

- | | |
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| <input type="checkbox"/> Meal planning | <input type="checkbox"/> Make/change bed |
| <input type="checkbox"/> Cooking | <input type="checkbox"/> Help with organization: cabinets, photos, closets, etc. |
| <input type="checkbox"/> Meal preparation, according to taste/diet | <input type="checkbox"/> Shopping |
| <input type="checkbox"/> Serve meals | <input type="checkbox"/> Errands |
| <input type="checkbox"/> Wash dishes | <input type="checkbox"/> Grocery shopping |
| <input type="checkbox"/> Light housekeeping: vacuuming, dusting, cleaning client's bathroom, wash dishes, etc. | <input type="checkbox"/> Travel accompaniment |
| <input type="checkbox"/> Personal laundry and linens | <input type="checkbox"/> Out-of-town travel assistance |
| | <input type="checkbox"/> Feed pets |
| | <input type="checkbox"/> Plant care |
| | <input type="checkbox"/> Personal assistance |

Companionship

- | | |
|--|--|
| <input type="checkbox"/> Lively conversation | <input type="checkbox"/> Visit friends |
| <input type="checkbox"/> Reading | <input type="checkbox"/> Outings |
| <input type="checkbox"/> Games | <input type="checkbox"/> Celebrating birthdays |
| <input type="checkbox"/> Projects | <input type="checkbox"/> Record memoirs |
| <input type="checkbox"/> Attend events | <input type="checkbox"/> Correspondence |



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